Week 1: Physical Development

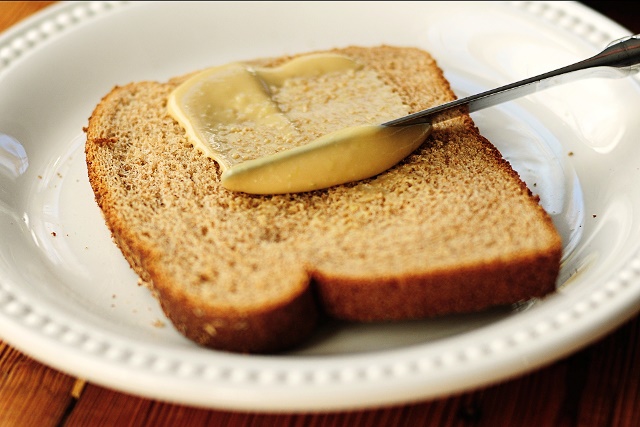
Can you do Andy’s Creepy Crawly Workout?

<https://www.bbc.co.uk/iplayer/episode/p06tmry2/andys-wild-workouts-series-1-9-the-undergrowth>

A picture containing person, sport, outdoor, man

Description automatically generated

Can you spread butter or jam on bread, or cut up your food?



Remember to take pictures and send them to Miss Lynaugh on Class Dojo!