

CREATIVE WEEK: DRAMA DAY

Week 8: Thursday 25th June 2020

Today we are going to take part in a performance poem linked to our theme 'Green Fingers'

The poem is called 'Here Is The Seed' by John Foster.

It has simple rhymes and can be performed with actions.

Task 1 - Warm Up

1. Curl up really small and slowly stretch out each part of your body.
2. Pretend to be holding a flower and blow seven petals off into the air.



3. Put your hands either side of your face to make the petals of a daisy flower.

The sun is shining- open the petals and make a smiley face.

The clouds come - close the petals and make a sad face.

Night arrives- fold the petals away and make a sad face.

4. Say "Power shower, flower shower" several times, really fast. Open your mouth really wide for the 'ow' sound in each word. Repeat.

Task 2 - Tune In

Read or listen to the poem - **Recording 1**

'Here Is The Seed' By John Foster - page 3

Think about our Science work and what you know about how a seed grows. Think about the technical words - seed, roots, shoot, stalk, bud, petals, flower

Task 3 - Explore the poem and rehearse

Read or listen to the poem again - **Recording 2**

Imagine a seed growing.

Say the poem out loud. Start quietly and get louder as the seed starts small and gets bigger.

Say the poem again, this time add **actions.**

Here are some ideas:

Verse 1 (quietly)

Line 1: cupped hand as if holding a seed

Line 2: forefinger and thumb touching to make a circle

Line 3-4: hands covering face

Verse 2 (a little louder)

Line 5-6: hands in prayer position

Line 7-8; gradually raise hands above head

Verse 3 (a little louder but not shouting)

Line 9: (make a circle with both hands, from body outwards)

Line 10: make rain movements with fingers above head

Line 11: insides of wrists together with hands pushed out

Line 12: sit chin on wrists, hands pushed out to frame face

Task 4 - Perform

Perform your poem to an audience - perhaps your family this evening. Remember to use your voice and actions well.

Remember to send us a photograph/recording of your work.

Here Is The Seed

John Foster

Here is the seed,
small and round,
hiding underneath
the ground.

Here is the shoot,
tiny and small,
slowly, slowly
growing tall.

Here is the sun.
Here is the shower.
Here are the petals.
Here is the flower.

